## Pace Charter LOWER School Menu

**April 2024** 

## 2023-2024 School Lunch Prices

Full Price Lunch \$3.05 each

Free/Reduced Price \$0.00 each

Lunch is subject to change.

1% fat free white/chocolate milk

Circle dates you want your child to receive a lunch from school. Return one APRILmenu NO LATER THAN Thursday, March 21st (9 am). Keep the other at home for your fridge!

## What's Cooking Today?

Please return the menu to school by: March 21st.  W/G Chicken Fingers -3 Kidney Beans - 3/4c Mindarin Orange Cup-1/2c. Whole Whast Dinner Roll-1 Milk-8 oz  IS Fresh Apple-1 Whole Orain Bread -1 Milk-8 oz  IS Fresh Apple-1 Milk				<del></del>	
M/G Chicken Fingers -3   Cheese Ravioli   W/Spaghetti Sauce   Mole Wheat Bun -1   Fresh Apple-1   Whole Wheat Dinner Roll-1   Milk-8 oz	APRIL		menu to school by:		
M/G Chicken Fingers -3   Cheese Ravioli   W/Spaghetti Sauce   Mole Wheat Bun -1   Fresh Apple-1   Whole Wheat Dinner Roll-1   Milk-8 oz	8	0	10	11	12
Kidney Beans - 3/4c	W/G Chicken Fingers -3			Turkey and Cheese on	Turkeu Penneroni Calzone - 50z
Mandarin Orange Cup-1/2c.   Green Beans - 3/4c.   Fresh Apple-1   Fresh Banana-1   Milk-8 oz.	_		_	_	1 - ''
Whole Wheat Dinner Roll-1 Milk-8 oz.         Fresh Apple-1 Whole Grain Bread - 1 Whole Grain Bread - 1 Milk-8 oz.         Fresh Banana-1 Milk-6 oz.         Applesauce Cup-1/2 c. Milk-6 oz.         Milk-8 oz. <t< td=""><td></td><td></td><td>French Fries - 3/4c.</td><td></td><td>· 1</td></t<>			French Fries - 3/4c.		· 1
Milk-8 oz.    Milk-8 oz.   Milk-8 oz.   Milk-6 oz.   Milk-8 oz.   Mil		Fresh Apple-1	Fresh Banana-1	· ·	1
Milk-8 oz.    Milk-8 oz.   Milk-8 oz.   Milk-8 oz.   Macaroni \$\frac{1}{2}\$   Lunch from home.   19   Tony's Pizza-4.5oz.   Romaine Salad w/ Dressing-1 1/2 c.   Fresh Banana-1   Milk-8 oz.   Fresh Banana-1   Milk-8 oz.   Milk-	Milk-8 oz.	··	Milk - 8oz.	l '' '	
French Toast Sticks-3 Turkey Sausage Links-3 Cold Corn Cup -3/4c. Mandarin Orange Cup-1/2c. Milk-8 oz.  Turkey Sausage Links-3 Cold Corn Salad-3/4c Milk-8 oz.  Enchilada Empanada Calzone - 5oz. Milk-8 oz.  Milk-8 oz.  Milk-8 oz.  Eresh Apple - Fresh Banana-1  Fresh Baby Carrots w/ Dip-1c Fresh Apple - Milk-8 oz.  Milk-8 oz.  Milk-8 oz.  Eresh Apple - Milk-8 oz.  Tony's Pizza-4.5oz. Romaine Salad w/ Dressing-11/2 c. Fresh Banana-1  Milk-8 oz.  Fresh Banana-1  Milk-8 oz.  Milk-8 oz.  Milk-8 oz.  Tony's Pizza-4.5oz. Romaine Salad w/ Dressing-11/2 c. Fresh Banana-1  Milk-8 oz.  Fresh Banana-1  Milk-8 oz.  Milk-8 oz.  Tony's Pizza-4.5oz. Romaine Salad w/ Dressing-11/2 c. Fresh Banana-1  Milk-8 oz.  Fresh Banana-1  Milk-8 oz.  Milk-8 oz.  Tony's Pizza-4.5oz. Romaine Salad w/ Dressing-11/2 c. Fresh Banana-1  Milk-8 oz.  Fresh Banana-1  Milk-8 oz.  Tony's Pizza-4.5oz. Romaine Salad w/ Dressing-11/2 c. Fresh Banana-1  Milk-8 oz.  Fresh Banana-1  Milk-8 oz.  Milk-8 oz.  Tony's Pizza-4.5oz. Romaine Salad w/ Dressing-11/2 c. Fresh Banana-1  Milk-8 oz.  Milk-8 oz.  Whole Wheat 3x5 Cheese Pizza-2 Romaine Salad w/ Dressing-11/2 c. Fresh Orange-1  Milk-8 oz.  Milk-8 oz.  Milk-8 oz.  Tony's Pizza-4.5oz. Romaine Salad w/ Dressing-11/2 c. Fresh Banana-1  Milk-8 oz.  Fresh Banana-1  Milk-8 oz.  Milk-8 oz.  Tony's Pizza-4.5oz. Fresh Banana-1  Milk-8 oz.  Fresh Banana-1  Milk-8 oz.  Tony's Pizza-4.5oz. Fresh Banana-1  Milk-8 oz.  Fresh Banana-1  Milk-8 oz.  Tony's Pizza-4.5oz. Fresh Banana-1  Milk-8 oz.		Milk-8 oz.			
Turkey Sausage Links-3 Cold Corn Cup -3/4c.  Applesauce Cup-1/2c Mandarin Orange Cup-1/2c. Milk-8 oz.  W/G Sub Roll-1 Diced Carrots-1 c. Fresh Apple-1 Milk-8 oz.  Fresh Apple-1 Milk-8 oz.  W/G Sub Roll-1 Diced Carrots-1 c. Fresh Banana-1 Whole Grain Bread - 1 Milk-8 oz.  Fresh Orange-1 Milk-8 oz.  All Beef Hot Dog on a Whole Carlosins - 1/2c. Milk-8 oz.  Milk-8 oz.  Milk-8 oz.  All Beef Hot Dog on a Whole Wheat Hot Dog Bun-1 Fresh Banana-1 Fresh Banana-1 Milk-8 oz.  All Beef Hot Dog on a Whole Wheat Hot Dog Bun-1 Fresh Banana-1 Milk-8 oz.  Applesauce Cup-1/2c Whole Wheat 3x5 Cheese Pizza-2 Romaine Salad w/ Dressing-1 1/2 c. Fresh Orange-1 Milk-8 oz.  Whole Wheat 3x5 Cheese Pizza-2 Romaine Salad w/ Dressing-1 1/2 c. Fresh Orange-1 Milk-8 oz.  Whole Wheat 3x5 Cheese Pizza-2 Romaine Salad w/ Dressing-1 1/2 c. Fresh Orange-1 Milk-8 oz.  Whole Wheat 3x5 Cheese Pizza-2 Romaine Salad w/ Dressing-1 1/2 c. Fresh Banana-1 Milk-8 oz.  All Beef Hatian Sub-1 (Beef Bologna, Beef Salami, e) Cheese on W/G Sub Roll) Sliced Cucumber Cup w/ Dip-3/4 c. Fresh Banana-1 Milk-8 oz.  Whole Wheat 3x5 Cheese Pizza-2 Romaine Salad w/ Dressing-1 1/2 c. Fresh Orange-1 Milk-8 oz.  Fresh Banana-1 Milk-8 oz.  All Beef Hot Dog on a Whole Wheat Hot Dog Ban-1 Fresh Banana-1 Milk-8 oz.  All Beef Hot Dog on a Whole Wheat Hot Dog Ban-1 Fresh Banana-1 Milk-8 oz.  All Beef Hot Dog on a Whole Wheat Hot Dog Ban-1 Fresh Banana-1 Milk-8 oz.  All Beef Hot Dog on a Whole Wheat Hot Dog Ban-1 Milk-8 oz.  All Beef Hot Dog on a Whole Wheat Hot Dog Ban-1 Milk-8 oz.  All Beef Hot Dog on a Whole Wheat Hot Dog Ban-1 Milk-8 oz.  All Beef Hot Dog Sun-1 Milk-8 oz.  Applesauce Cup-1/2c Milk-8 oz.  All Beef Hot Dog Sun-1 Milk-8 oz.  All Beef Hot Dog Sun-1 Milk-8 oz.  All Beef Hot Dog Sun-1 Milk-	15	16	17	18	19
Cold Corn Cup -3/4c.   Applesauce Cup-1/2c.   Wheat Dinner Roll-1   Milk-8 oz.   Whoat Dinner Roll-1   Milk-8 oz.   Z6   Whoat Dinner Roll-1   Milk-8 oz.   Z6   Whoat Dinner Roll-1   Milk-8 oz.   Z6   Whoat Dinner Poll-1   Milk-8 oz.   Z6   Whoat Dinner Poll-1   Presh Banana-1   Milk-8 oz.   Z6   Z6   Z6   Z6   Z6   Z6   Z6   Z	French Toast Sticks-3	Crispy Chicken Drummies-4	Beef Meatballs Parmigiana on	Macaroni & Cheese - 8oz.	Tony's Pizza-4.5oz.
Mandarin Orange Cup-1/2c. Milk-8 oz.  Wheat Dinner Roll-1 Milk-8 oz.  Whole Grain Bread - 1 Milk-8 oz.	Turkey Sausage Links-3	Seasoned Diced Potatoes - 3/4c.	W/G Sub Roll-1	Broccoli Florets-3/4 c.	Romaine Salad w/ Dressing-1 1/2 c.
Milk-8 oz.	Cold Corn Cup -3/4c.	Applesauce Cup-1/2c	Diced Carrots-1 c.	Fresh Banana-1	Fresh Orange-1
Enchilada Empanada Calzone - 5oz. Black Bean & Corn Salad-3/4c Craisins - 1/2c. Milk-8 oz.  All Beef Hot Dog on a Whole Wheat Hot Dog Bun-1 Fresh Bahy Carrots w/ Dip-1c Fresh Banana-1 Milk-8 oz.  All Beef Hot Dog on a Whole Wheat Hot Dog Bun-1 Fresh Banana-1 Fresh Banana-1 Fresh Banana-1 Milk-8 oz.  All Beef Hot Dog on a Whole Whole Wheat 3x5 Cheese Pizza-2 Romaine Salad w/ Dressing-1 1/2 c. Fresh Orange-1 Milk-8 oz.  Applesauce Cup-1/2c Milk-8 oz.  Milk-8 oz.  All Beef Hot Dog on a Whole Whole Wheat 3x5 Cheese Pizza-2 Romaine Salad w/ Dressing-1 1/2 c. Fresh Orange-1 Milk-8 oz.  All Beef Hot Dog Bun-1 French Fries - 3/4c. Applesauce Cup-1/2c Milk-8 oz.  All Beef Hot Dog Bun-1 Miked Vegetables-3/4c Applesauce Cup-1/2c Milk-8 oz.  2nd Grada Trip - Bring a bagged lunch from home.  Chicken Burger-3oz. on Wheat Hamburger Bun French Fries - 3/4c. Craisins - 1/2c. Milk-8 oz.  Milk-8 oz.	Mandarin Orange Cup-1/2c.	Wheat Dinner Roll-1	Fresh Apple-1	Whole Grain Bread - 1	Milk-8 oz.
Enchilada Empanada Calzone - 5oz. Black Bean & Corn Salad-3/4c Craisins - 1/2c. Milk-8 oz.  All Beef Hot Dog on a Whole Wheat Hot Dog Bun-1 Fresh Baby Carrots w/ Dip-1c Fresh Banana-1 Milk-8 oz.  All Beef Hot Dog on a Whole Wheat Hot Dog Bun-1 French Fries - 3/4c. Fresh Banana-1 Milk-8 oz.  Fresh Banana-1  Chicken Burger-3oz. on Wheat Hamburger Bun French Fries - 3/4c. Craisins - 1/2c. Fresh Banana-1  Cheese on W/G Sub Roll) Sliced Cucumber Cup w/ Dip-3/4 c. Fresh Banana-1 Milk-8 oz.  All Beef Hot Dog on a Whole Wheat Hot Dog Bun-1 French Fries - 3/4c. Fresh Banana-1  Mike Vegetables-3/4c Applesauce Cup-1/2c Milk-8 oz.  Milk-8 oz.  All Beef Hot Dog on a Whole Wheat Hot Dog Bun-1 French Fries - 3/4c. Fresh Banana-1  Chicken Burger-3oz. on Wheat Hamburger Bun French Fries - 3/4c. Craisins - 1/2c. Milk-8 oz.  Milk-8 oz.	Milk-8 oz.	Milk-8 oz.	Milk-8 oz.	Milk-8 oz.	
Enchilada Empanada Calzone - 5oz. Black Bean & Corn Salad-3/4c Craisins - 1/2c. Milk-8 oz.  All Beef Hot Dog on a Whole Wheat Hot Dog Bun-1 Fresh Baby Carrots w/ Dip-1c Fresh Banana-1 Milk-8 oz.  All Beef Hot Dog on a Whole Wheat Hot Dog Bun-1 French Fries - 3/4c. Fresh Banana-1 Milk-8 oz.  Fresh Banana-1  Chicken Burger-3oz. on Wheat Hamburger Bun French Fries - 3/4c. Craisins - 1/2c. Fresh Banana-1  Cheese on W/G Sub Roll) Sliced Cucumber Cup w/ Dip-3/4 c. Fresh Banana-1 Milk-8 oz.  All Beef Hot Dog on a Whole Wheat Hot Dog Bun-1 French Fries - 3/4c. Fresh Banana-1  Mike Vegetables-3/4c Applesauce Cup-1/2c Milk-8 oz.  Milk-8 oz.  All Beef Hot Dog on a Whole Wheat Hot Dog Bun-1 French Fries - 3/4c. Fresh Banana-1  Chicken Burger-3oz. on Wheat Hamburger Bun French Fries - 3/4c. Craisins - 1/2c. Milk-8 oz.  Milk-8 oz.					
Calzone - 5oz.  Black Bean & Corn Salad-3/4c Craisins - 1/2c. Milk-8 oz.  Sandwich-1 Fresh Baby Carrots w/ Dip-1c Fresh Bahy Bahy Bahy Carrots w/ Dip-1c Fresh Bahy Bahy Carrots w/ Dip-1c Fresh Bahy Bahy Bahy Bahy Bahy Bahy Bahy Bah	22	23	24	25	26
Black Bean & Corn Salad-3/4c Craisins - 1/2c. Milk-8 oz. Fresh Baby Carrots w/ Dip-1c Fresh Baby Carrots w/ Dip-1c Fresh Banana-1 Milk-8 oz. Fresh Banana-1 Milk-8 oz.  Fresh Banana-1 Milk-8 oz.  Milk-8 oz.  Mik-8 oz.	Enchilada Empanada	W/G Grilled Cheese	All Beef Hot Dog on a Whole	Grilled BBQ Chicken	Whole Wheat 3x5 Cheese Pizza-2
Craisins - 1/2c. Milk-8 oz. Fresh Apple -1 Milk-8 oz. Fresh Banana-1 Milk-8 oz.  Applesauce Cup-1/2c Milk-8 oz.  Milk-8 oz.  Applesauce Cup-1/2c Milk-8 oz.  29 All Beef Italian Sub-1 (Beef Bologna, Beef Salami, \$ Cheese on W/G Sub Roll) Sliced Cucumber Cup w/ Dip-3/4 c. Fresh Banana-1 Milk-8 oz.  Fresh Banana-1 Milk-8 oz.  Applesauce Cup-1/2c Milk-8 oz.  Milk-8 oz.  Milk-8 oz.  Applesauce Cup-1/2c Milk-8 oz.  Chicken Burger-3oz. on Wheat Hamburger Bun French Fries - 3/4c. Craisins - 1/2c. Milk-8 oz.	Calzone - 5oz.	Sandwich-1	Wheat Hot Dog Bun-1	Fillet on W/W Bun-1	Romaine Salad w/ Dressing-1 1/2 c.
Milk-8 oz.	Black Bean ¢ Corn Salad-3/4c	Fresh Baby Carrots w/ Dip-1c	French Fries - 3/4c.	Mixed Vegetables-3/4c	Fresh Orange-1
All Beef Italian Sub-1 (Beef Bologna, Beef Salami, & On Wheat Hamburger Bun French Fries - 3/4c. Sliced Cucumber Cup w/ Dip-3/4 c. Fresh Banana-1  Chicken Burger-3oz. On Wheat Hamburger Bun French Fries - 3/4c.  Craisins - 1/2c. Milk-8 oz.	Craisins - 1/2c.	Fresh Apple -1	Fresh Banana-1	Applesauce Cup-1/2c	Milk-8 oz.
All Beef Italian Sub-1 (Beef Bologna, Beef Salami, \$\displays \text{ on Wheat Hamburger Bun} \text{ French Fries - 3/4c.} \text{ Craisins - 1/2c.} \text{ Milk-8 oz.}	Milk-8 oz.	Milk-8 oz.	Milk-8 oz.	Milk-8 oz.	2nd Grade Trip - Bring a bagged lunch from home.
(Beef Bologna, Beef Salami, \$\varepsilon\$ on Wheat Hamburger Bun  Cheese on W/G Sub Roll)  Sliced Cucumber Cup w/ Dip-3/4 c.  Fresh Banana-1  On Wheat Hamburger Bun  French Fries - 3/4c.  Craisins - 1/2c.  Milk-8 oz.	29	30		3 & 1 2	•
Cheese on W/G Sub Roll) Sliced Cucumber Cup w/ Dip-3/4 c. Fresh Banana-1 French Fries - 3/4c. Craisins - 1/2c. Milk-8 oz.	All Beef Italian Sub-1	Chicken Burger-3oz.			
Sliced Cucumber Cup w/ Dip-3/4 c. Fresh Banana-1  Craisins - 1/2c. Milk-8 oz.	(Beef Bologna, Beef Salami, €	on Wheat Hamburger Bun			
Fresh Banana-1 Milk-8 oz.	Cheese on W/G Sub Roll)	French Fries - 3/4c.			
and the second s	Sliced Cucumber Cup w/ Dip-3/4 c.	Craisins - 1/2c.			
Milk-6 oz.	Fresh Banana-1	Milk-8 oz.			
	Milk-6 oz.	_			

This institution is an equal opportunity provider.